

Euler formula for intersecting sets Newton binomial, asymptotic combinatorial identities

Theorem 1

$$\text{If } n \geq 6 \quad \left(\frac{n}{3}\right)^n < n! < \left(\frac{n}{2}\right)^n$$

Proof

Prove by induction on n the upper estimate.

Assume that $n! \leq \left(\frac{n}{2}\right)^n$ then

$$\begin{aligned} \left(\frac{n+1}{2}\right)^{n+1} &= \frac{\left(\frac{n+1}{2}\right)^n (n+1)}{2} = \frac{\left(\frac{n}{2}\right)^n \left(1 + \frac{1}{n}\right)^n (n+1)}{2} \\ &\geq n! \left(1 + 1 + \frac{\binom{n}{2}}{n^2} + \dots + \frac{\binom{n}{n}}{n^n}\right) \frac{n+1}{2} > n! \cdot 2 \cdot \frac{n+1}{2} = (n+1)! \end{aligned}$$

Similarly prove the lower estimate

Let us assume that $n! \geq \left(\frac{n}{3}\right)^n$ then considering $n! \geq 2^{n-1}$ if $n \geq 2$

$$\begin{aligned} \left(\frac{n+1}{3}\right)^{n+1} &= \frac{\left(\frac{n+1}{3}\right)^n (n+1)}{3} = \frac{\left(\frac{n}{3}\right)^n \left(1 + \frac{1}{n}\right)^n (n+1)}{3} \\ &\leq \frac{n! \left(1 + 1 + \frac{\binom{n}{2}}{n^2} + \frac{\binom{n}{3}}{n^3} + \dots + \frac{n^n}{n!n^n}\right) (n+1)}{3} \\ &< \frac{n! \left(1 + 1 + \frac{n^2}{2!n^2} + \frac{n^3}{3!n^3} + \dots + \frac{n^n}{n!n^n}\right) (n+1)}{3} \\ &< \frac{n! \left(1 + 1 + \frac{1}{2^1} + \frac{1}{2^2} + \dots + \frac{1}{2^{n-1}}\right) (n+1)}{3} < (n+1)! \end{aligned}$$

QED

Theorem 2

$$\text{If } n \geq 1 \quad e \cdot \left(\frac{n}{e}\right)^n \leq n! \leq ne \cdot \left(\frac{n}{e}\right)^n$$

Proof

When $n=1, 2$ we can verify the inequality by substitution of these values of n. Further it is easy to see if $k \geq 2$ for $\ln k$

$$\int_{k-1}^k \ln x \, dx < \ln k < \int_k^{k+1} \ln x \, dx \quad (2.1)$$

therefore

$$\int_1^n \ln x \, dx < \ln n! < \int_2^{n+1} \ln x \, dx \quad (2.2)$$

Transform the right-hand inequality (2.2) given that $n \geq 3$

$$\begin{aligned} \ln n! &< \int_2^{n+1} \ln x \, dx = (x \ln x - x) \Big|_2^{n+1} = (n+1) \ln(n+1) - (n+1) - 2 \ln 2 + 2 \\ &= (n+1) \ln \frac{n+1}{e} - 2 \ln 2 + 2 \\ &= (n+1) \ln \frac{n}{e} + (n+1) \ln \left(1 + \frac{1}{n}\right) - 2 \ln 2 < (n+1) \ln \frac{n}{e} + 2 \end{aligned}$$

Hence

$$n! < ne < \left(\frac{n}{e}\right)^n$$

QED

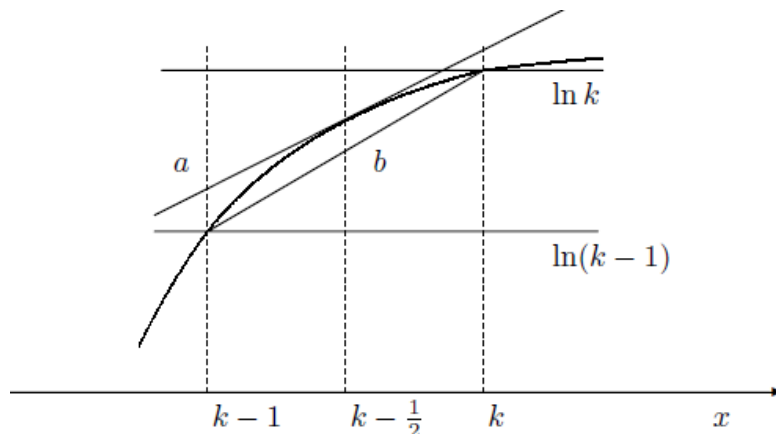
Lemma 1

If $k \geq 2$

$$\int_{k-1}^k \ln x \, dx + (\ln 2k - \ln(2k-1)) \leq \ln k \leq \int_{k-1}^k \ln x \, dx + \frac{1}{2}(\ln k - \ln(k-1))$$

Proof

The image below shows the part of the graph of the function $\ln x$ between points $x=k-1$ and $x=k$



It can be seen that $\int_{k-1}^k \ln x \, dx$ exceeds the difference between the values $\ln k$ and the area of a triangle, which is bounded by a segment b and straight lines $x = k-1$ and $y = \ln k$. Thus

$$\int_{k-1}^k \ln x \, dx \geq \ln k - \frac{1}{2}(\ln k - \ln(k-1))$$

It is also can be seen, that $\int_{k-1}^k \ln x \, dx$ does not exceed the area of the trapezoid, which is bounded by a line a and lines $x=k-1$, $x=k$ and $y=0$. As the area of the trapezoid is equal to the multiplication of the mean line, which is equal to $\ln(k - \frac{1}{2})$ and the height, which is equal to one, then

$$\int_{k-1}^k \ln x \, dx \leq \ln\left(k - \frac{1}{2}\right) = \ln k + \ln\left(1 - \frac{1}{2k}\right) = \ln k - \ln(2k) + \ln(2k-1).$$

Using these inequalities we estimate $\ln k$

$$\int_{k-1}^k \ln x \, dx + \ln(2k) - \ln(2k-1) \leq \ln k \leq \int_{k-1}^k \ln x \, dx + \frac{1}{2}(\ln k - \ln(k-1)).$$

QED

Theorem 3

$$0.8 \cdot e\sqrt{n} \left(\frac{n}{e}\right)^n \leq n! \leq e\sqrt{n} \left(\frac{n}{e}\right)^n$$

Proof

It is sufficient to sum the inequalities from the previous lemma with $k \in [2, n]$

Sum the right inequalities

$$\sum_{k=2}^n \ln k \leq \int_1^n \ln x \, dx + \frac{1}{2}(\ln n - \ln 1) = n \ln n - n + 1 + \frac{1}{2} \ln n.$$

Hence $n! < e\sqrt{n} \left(\frac{n}{e}\right)^n$

To estimate the sum of the left inequalities assume that

$$a_1 = \sum_{k=2}^n (\ln(2k) - \ln(2k-1)), \quad a_2 = \sum_{k=2}^n (\ln(2k+1) - \ln(2k)).$$

It can be seen that $a_1 + a_2 = \ln(2n+1) - \ln 3$

Since $a_1 > a_2$

$$a_1 > \frac{1}{2} \ln(2n+1) - \frac{1}{2} \ln 3 > \frac{1}{2} \ln n - \frac{1}{2} \ln \frac{3}{2}.$$

$$\sum_{k=2}^n \ln k > n \ln n - n + 1 + \frac{1}{2} \ln n - \frac{1}{2} \ln \frac{3}{2}.$$

Note that $\sqrt{\frac{2}{3}} > 0.8$

Hence $n! > 0.8 \cdot e \cdot \sqrt{n} \left(\frac{n}{e}\right)^n$

QED

Lemma 2

$$\int_0^{\frac{\pi}{2}} \sin^{2n} x \, dx = \frac{(2n-1)(2n-3) \cdots 3 \cdot 1}{2n(2n-2) \cdots 4 \cdot 2} \cdot \frac{\pi}{2} = \frac{(2n-1)!!}{2n!!} \cdot \frac{\pi}{2}$$

$$\int_0^{\frac{\pi}{2}} \sin^{2n+1} x \, dx = \frac{2n(2n-2) \cdots 4 \cdot 2}{(2n+1)(2n-1) \cdots 3 \cdot 1} = \frac{2n!!}{(2n+1)!!}$$

Proof

Denote $\int_0^{\frac{\pi}{2}} \sin^n x \, dx = I_n$ then

$$\begin{aligned} I_n &= - \int_0^{\frac{\pi}{2}} \sin^{n-1} x \, d \cos x = - \sin^{n-1} x \cos x \Big|_0^{\frac{\pi}{2}} \\ &\quad + \int_0^{\frac{\pi}{2}} \cos x \, d \sin^{n-1} x \\ &= (n \\ &\quad - 1) \int_0^{\frac{\pi}{2}} \cos^2 x \sin^{n-2} x \, dx \\ &= (n-1) \int_0^{\frac{\pi}{2}} (1 - \sin^2 x) \sin^{n-2} x \, dx = (n-1)(I_{n-2} - I_n) \end{aligned}$$

Hence

$$I_n = \frac{n-1}{n} \cdot I_{n-2}$$

Consistently applying it to the integrals I_{2n} and I_{2n+1}

$$I_{2n} = \frac{(2n-1)(2n-3)\dots\cdot 3\cdot 1}{2n(2n-2)\dots\cdot 4\cdot 2} \cdot I_0$$

$$I_{2n+1} = \frac{2n(2n-2)\dots\cdot 4\cdot 2}{(2n+1)(2n-1)\dots\cdot 3\cdot 1} \cdot I_1$$

As $I_0 = \frac{\pi}{2}$ and $I_1 = 1$

Substituting these values into the above expression obtain the required equality

QED

Lemma 3

$$\frac{2^{2n}}{\sqrt{\pi n}} e^{-\frac{1}{4n}} \leq \binom{2n}{n} \leq \frac{2^{2n}}{\sqrt{\pi n}}$$

Proof

As $\sin x$ varies from 0 to 1 between 0 and $\pi/2$, then

$$\sin^{2n+1} x \leq \sin^{2n} x \leq \sin^{2n-1} x, x \in [0, \frac{\pi}{2}]$$

Hence

$$\int_0^{\frac{\pi}{2}} \sin^{2n+1} x dx \leq \int_0^{\frac{\pi}{2}} \sin^{2n} x dx \leq \int_0^{\frac{\pi}{2}} \sin^{2n-1} x dx$$

Using lemma 2

$$\frac{2n!!}{(2n+1)!!} \leq \frac{(2n-1)!!}{2n!!} \cdot \frac{\pi}{2} \leq \left(\frac{(2n-2)!!}{(2n-1)!!} \right)$$

$$\frac{2n!! \cdot 2n!!}{(2n+1)!! \cdot (2n-1)!!} \leq \frac{\pi}{2} \leq \frac{2n!! \cdot (2n-2)!!}{(2n-1)!! \cdot (2n-1)!!}$$

$$\frac{1}{\sqrt{2n+1}} \cdot \frac{2n!!}{(2n-1)!!} \leq \sqrt{\frac{\pi}{2}} \leq \frac{1}{\sqrt{2n}} \cdot \frac{2n!!}{(2n-1)!!}$$

Divide all members of the resulting inequalities on $2n!!$ and $\sqrt{\frac{\pi}{2}}$ and multiply it on $(2n-1)!!$ and 2^{2n}

$$\frac{1}{\sqrt{1+\frac{1}{2n}}} \cdot \frac{2^{2n}}{\sqrt{\pi n}} \leq 2^{2n} \cdot \frac{(2n-1)!!}{2n!!} \leq \frac{2^{2n}}{\sqrt{\pi n}} (*)$$

Note that

$$\frac{(2n-1)!!}{2n!!} = \frac{(2n-1)!! \cdot 2n!!}{2n!! \cdot 2n!!} = \frac{(2n)!}{2^{2n} \cdot n! \cdot n!} = \binom{2n}{n} \cdot 2^{-2n}$$

Given that if $0 < x < 1$ $e^{-x} \leq 1/(1+x)$ substitute the last equality in (*)

and obtain the required estimates for $\binom{2n}{n}$

QED

Theorem 4

$$\sqrt{2\pi n} \cdot \left(\frac{n}{e}\right)^n e^{-1/4n} \leq n! \leq \sqrt{2\pi n} \cdot \left(\frac{n}{e}\right)^n e^{1/4n}$$

Proof

As $\binom{2n}{n} = \frac{2n!}{n! \cdot n!} = \frac{2n(2n-1)\dots(n+1)}{n!}$, it can be seen that $n! = 2n(2n-1) \cdot \dots \cdot (n+1) / \binom{2n}{n}$

Estimate the logarithm of $2n(2n-1) \cdot \dots \cdot (n+1)$

We will use

$$\ln k \geq \int_{k-1}^k \ln x \, dx + \ln(2k) - \ln(2k-1) \quad (1)$$

$$\ln k \leq \int_{k-1}^k \ln x \, dx + \frac{1}{2} (\ln(k) - \ln(k-1)) \quad (2)$$

from lemma 1

Summing the inequalities (2) for $k \in [n+1, 2n]$

$$\begin{aligned} \sum_{k=n+1}^{2n} \ln k &\leq \int_n^{2n} \ln x \, dx + \frac{1}{2} ((\ln(2n) - \ln n)) \\ &= \int_n^{2n} \ln x \, dx + \frac{1}{2} \ln 2 = n \ln n + 2n \ln 2 - n + \frac{1}{2} \ln 2 \end{aligned}$$

To estimate the sum of inequalities (1) assume

$$\begin{aligned} a_1 &= \sum_{k=n+1}^{2n} (\ln(2k) - \ln(2k-1)), & a_2 &= \sum_{k=n+1}^{2n} (\ln(2k+1) - \ln(2k)) \\ a_1 + a_2 &= \ln(4n+1) - \ln(2n+1) \end{aligned}$$

As $a_1 > a_2$ then

$$a_1 > \frac{1}{2} \ln(4n+1) - \frac{1}{2} \ln(2n+1) = \frac{1}{2} \ln \left(2 \cdot \frac{2n+\frac{1}{2}}{2n+1} \right) = \frac{1}{2} \ln 2 + \frac{1}{2} \ln \left(1 - \frac{1}{4n+2} \right) \geq \frac{1}{2} \ln 2 - \frac{1}{4n}$$

Thus

$$\sum_{k=n+1}^{2n} \ln k > n \ln n + 2n \ln 2 - n + \frac{1}{2} \ln 2 - \frac{1}{4n}$$

Hence

$$\sqrt{2} \left(\frac{n}{e}\right)^n 2^{2n} e^{-\frac{1}{4n}} \leq 2n(2n-1) \cdots (n+1) \leq \sqrt{2} \left(\frac{n}{e}\right)^n 2^{2n}$$

From lemma 3

$$\frac{\sqrt{\pi n}}{2^{2n}} \leq \frac{1}{\binom{2n}{n}} \leq \frac{\sqrt{\pi n}}{2^{2n}} e^{\frac{1}{4n}}$$

Term by term, we multiply the last inequalities

$$\sqrt{2\pi n} \cdot \left(\frac{n}{e}\right)^n e^{-\frac{1}{4n}} \leq n! \leq \sqrt{2\pi n} \cdot \left(\frac{n}{e}\right)^n e^{\frac{1}{4n}}$$

QED

Theorem 5

If $\min(k, n-k) \rightarrow \infty$

$$\binom{n}{k} = \frac{2^n H\left(\frac{k}{n}\right)}{\sqrt{2\pi k(n-k)}} (1 + o(1))$$

Proof

Using Stirling's formula

$$\begin{aligned} \binom{n}{k} &= \frac{n!}{k!(n-k)!} \sim \frac{\sqrt{2\pi n}}{\sqrt{2\pi k} \cdot \sqrt{2\pi(n-k)}} \cdot \frac{\left(\frac{n}{e}\right)^n}{\left(\frac{k}{e}\right)^k \left(\frac{n-k}{e}\right)^{n-k}} \\ &= \frac{1}{\sqrt{\frac{2\pi k(n-k)}{n}}} \cdot \frac{n^n}{k^k (n-k)^{n-k}} = \frac{1}{\sqrt{\frac{2\pi k(n-k)}{n}}} \cdot \binom{k}{n}^{-k} \cdot \left(1 - \frac{k}{n}\right)^{-(n-k)} \\ &= \frac{1}{\sqrt{\frac{2\pi k(n-k)}{n}}} \cdot 2^{nH\left(\frac{k}{n}\right)} \end{aligned}$$

QED

Theorem 6

If $n \rightarrow \infty$ and $t = o(n^{\frac{2}{3}})$ then

$$\binom{n}{\frac{n}{2-t}} = \frac{2^n e^{-\frac{2t^2}{n}}}{\sqrt{\frac{\pi n}{2}}} (1 + o(1)) = \binom{n}{\lfloor \frac{n}{2} \rfloor} e^{-\frac{2t^2}{n}} (1 + o(1)).$$

Proof

With the use of the previous theorem we transform the exponent on the right part of its equality

$$\begin{aligned} H\left(\frac{\frac{n}{2}-t}{n}\right) &= H\left(\frac{1}{2}\left(1-\frac{2t}{n}\right)\right) \\ &= -\frac{1}{2}\left(1-\frac{2t}{n}\right)\log_2\frac{1}{2}\left(1-\frac{2t}{n}\right) \\ &\quad -\frac{1}{2}\left(1+\frac{2t}{n}\right)\log_2\frac{1}{2}\left(1+\frac{2t}{n}\right) \\ &= 1-\frac{1}{2}\left(\left(1-\frac{2t}{n}\right)\log_2\left(1-\frac{2t}{n}\right)+\left(1+\frac{2t}{n}\right)\log_2\left(1+\frac{2t}{n}\right)\right) \end{aligned}$$

Using (3)

$$-\left(1-\frac{2t}{n}\right)\log_2\left(1-\frac{2t}{n}\right)-\left(1+\frac{2t}{n}\right)\log_2\left(1+\frac{2t}{n}\right)=-\left(\frac{4t^2}{n^2}+\mathcal{O}\left(\frac{t^3}{n^3}\right)\right)\log_2 e.$$

so

$$nH\left(\frac{\frac{n}{2}-t}{n}\right)=n\left(1-\frac{1}{2\left(\frac{4t^2}{n^2}+\mathcal{O}\left(\frac{t^3}{n^3}\right)\right)\log_2 e}\right)=n-\left(\frac{2t^2}{n}+\mathcal{O}\left(\frac{t^3}{n^2}\right)\right)\log_2 e.$$

Substituting this equality in equality from theorem 5, taking into account $t = o(n^{\frac{2}{3}})$ we will have

$$\binom{n}{\frac{n}{2}-t} = \frac{2^n e^{-\frac{2t^2}{n} + \mathcal{O}\left(\frac{t^3}{n^2}\right)}}{\sqrt{\frac{2\pi\left(\frac{n}{2}-t\right)\left(\frac{n}{2}+t\right)}{n}}} (1 + o(1)) = \frac{2^n e^{-\frac{2t^2}{n}}}{\sqrt{\frac{\pi n}{2}}} (1 + o(1)).$$

QED

Theorem 7

If $n \rightarrow \infty$ and $k = o(n^{\frac{2}{3}})$ then

$$\binom{n}{k} = \frac{n^k e^{-\frac{k^2}{2n}}}{k!} (1 + o(1))$$

Proof

Using Stirling's formula, equality $(1+x)^n = \sum_{k=0}^n \binom{n}{k} x^k$ and $k = o(n^{\frac{2}{3}})$

$$\begin{aligned} \binom{n}{k} &= \frac{n!}{k!(n-k)!} \sim \frac{\sqrt{2\pi n}}{\sqrt{2\pi(n-k)}} \cdot \frac{\left(\frac{n}{e}\right)^n}{k! \left(\frac{n-k}{e}\right)^{n-k}} \\ &= \frac{n^k}{k!} \cdot \frac{e^{-k}}{\sqrt{1-\frac{k}{n}}} \cdot \left(1-\frac{k}{n}\right)^{k-n} \sim \frac{n^k e^{-k}}{k!} \cdot e^{(k-n)\ln\left(1-\frac{k}{n}\right)} \\ &= \frac{n^k e^{-k}}{k!} \cdot e^{(k-n)\left(-\frac{k}{n} - \frac{k^2}{2n^2} - o\left(\frac{k^3}{n^3}\right)\right)} = \frac{n^k e^{-k}}{k!} \cdot e^{k-\frac{k^2}{2n} - o\left(\frac{k^3}{n^2}\right)} \\ &= \frac{n^k e^{-\frac{k^2}{2n}}}{k!} (1 + o(1)). \end{aligned}$$

QED

Theorem 8

If $1 \leq \varphi(n) \leq \frac{\sqrt{n}}{2}$ then

$$\sum_{k=0}^{\frac{n}{2} - \sqrt{n\varphi(n)}} \binom{n}{k} \leq \frac{2^{n-3}}{\varphi(n)}$$

Proof

We estimate the sum of the binomial coefficients, the lower index of which differs from $\frac{n}{2}$ more than on t units.

$$\begin{aligned} &\sum_{k: \left|\frac{n}{2}-k\right|>t} \binom{n}{k} \\ &= \sum_{k: \left|\frac{n}{2}-k\right|>t} \frac{\left(\frac{n}{2}-k\right)^2}{\left(\frac{n}{2}-k\right)^2} \binom{n}{k} \\ &\leq \frac{1}{t^2} \sum_{k: \left|\frac{n}{2}-k\right|>t} \left(\frac{n}{2}-k\right)^2 \binom{n}{k} \leq \frac{1}{t^2} \sum_{k=0}^n \left(\frac{n}{2}-k\right)^2 \binom{n}{k} \end{aligned}$$

(4)

Find the sum of the right side of the inequality

$$\sum_{k=0}^n \binom{n}{k} \left(\frac{n}{2} - k\right)^2 = \sum_{k=0}^n \binom{n}{k} \left(\frac{n^2}{4} - nk + k^2\right) = \frac{n^2}{4} \sum_{k=0}^n \binom{n}{k} - \sum_{k=0}^n \binom{n}{k} (n-k)k.$$

The first sum of the right side is equal to $n^2 2^{n-2}$, now find the second sum

$$\begin{aligned} \sum_{k=0}^n (n-k)k \binom{n}{k} &= \sum_{k=1}^{n-1} (n-k)k \binom{n}{k} \\ &= \sum_{k=1}^{n-1} \frac{(n-k)kn!}{(n-k)!k!} \\ &= \sum_{k=1}^{n-1} \frac{(n(n-1)(n-2)!)}{(n-k-1)!(k-1)!} = n(n-1) \sum_{k=0}^{n-2} \binom{n-2}{k} = n(n-1)2^{n-2} \end{aligned}$$

From the two previous inequalities

$$\sum_{k=0}^n \binom{n}{k} \left(\frac{n}{2} - k\right)^2 = n^2 2^{n-2} - n(n-1)2^{n-2} = n2^{n-2}$$

Substitute this equality into the right side of (4) and assume $t = \sqrt{n\varphi(n)}$

$$\sum_{k: \left|\frac{n}{2} - k\right| > \sqrt{n\varphi(n)}} \binom{n}{k} \leq \frac{n2^{n-2}}{n\varphi(n)} = \frac{2^{n-2}}{\varphi(n)}$$

QED

Theorem 9

If $1 \leq t \leq \frac{n}{2}$ then

$$\sum_{k=0}^t \binom{n}{k} \leq 2^{nH\left(\frac{t}{n}\right)}$$

Proof

Assume $0 < x < 1$

$$\sum_{k=0}^t \binom{n}{k} \leq \sum_{k=0}^t x^{k-t} \binom{n}{k} = \frac{1}{x^t} \sum_{k=0}^t x^k \binom{n}{k} \leq \frac{1}{x^t} \sum_{k=0}^n x^k \binom{n}{k} = \frac{(1+x)^n}{x^t}$$

Differentiate the function $f(x) = \frac{(1+x)^n}{x^t}$ on x

$$\left(\frac{(1+x)^n}{x^t}\right)' = \frac{n(1+x)^{n-1}}{x^t} - \frac{t(1+x)^n}{x^{t+1}} = \frac{(1+x)^{n-1}}{x^{t+1}}(nx - t(1+x))$$

Its derivative between 0 and 1 has the only root $x_0 = \frac{t}{n-t}$

As $f(x)$ increases without limit as x tends to 0 on the right and $f(1) = 2^n$ then on the interval $(0, 1)$ $f(x)$ reaches its minimum value at x_0

$$\begin{aligned} \sum_{k=0}^t \binom{n}{k} &\leq \left(\frac{t}{n-t}\right)^{-t} \left(1 + \frac{t}{n-t}\right)^n = \left(\frac{t}{n-t}\right)^{-t} \left(\frac{n}{n-t}\right)^n = \left(\frac{t}{n}\right)^{-t} \left(\frac{n}{n-t}\right)^{n-t} \\ &= \left(\frac{t}{n}\right)^{-t} \left(1 - \frac{t}{n}\right)^{-(n-t)} = \left(\left(\frac{t}{n}\right)^{\frac{t}{n}} \left(1 - \frac{t}{n}\right)^{-\left(1 - \frac{t}{n}\right)}\right)^n = 2^{nH\left(\frac{t}{n}\right)} \end{aligned}$$

QED

Theorem 10

$$\text{If } 0 \leq t \leq \frac{n}{2} \quad \sum_{k=0}^{\frac{n-t}{2}} \binom{n}{k} \leq 2^n e^{-\frac{2t^2}{n}}$$

Proof

From theorem 9 and

$$\sum_{k=0}^{\frac{n-t}{2}} \binom{n}{k} M \leq 2^{nH\left(\frac{\frac{n-t}{2}}{n}\right)} \leq 2^{nH\left(\frac{1}{2\left(1 - \frac{2t}{n}\right)}\right)} \leq 2^{(n(1-1/2((1-2t/n)\log_2(1-2t/n) + (1+2t/n)\log_2(1+2t/n)))}$$

$$H\left(\frac{\frac{n-t}{2}}{n}\right) = 1 - 1/2\left(\left(1 - \frac{2t}{n}\right)\log_2\left(1 - \frac{2t}{n}\right) + \left(1 + \frac{2t}{n}\right)\log_2\left(1 + \frac{2t}{n}\right)\right). \quad (5)$$

To estimate exponent on the right side of the inequality show that

$$\begin{aligned} f(x) &= (1-x)\ln(1-x) + (1+x)\ln(1+x) - x^2 \geq 0 \\ x &\in (-1,1) \end{aligned}$$

$f(x)$ is an even function, so we can prove it only for $[0,1)$ and as $f(0) = 0$ it is enough to prove that on this interval derivative of a function $f(x)$ is non-negative.

$$f'(x) = -\frac{1-x}{1-x} - \ln(1-x) + \frac{1+x}{1+x} + \ln(1+x) - 2x = \ln(1+x) - \ln(1-x) - 2x$$

$$f'(0) = 0$$

$$f''(x) = \frac{1}{1+x} + \frac{1}{1-x} - 2 = \frac{2}{1-x^2} - 2$$

These derivatives are non-negative on the interval $[0,1)$ hence

$$(1-x)\ln(1-x) + (1+x)\ln(1+x) \geq x^2 \text{ for all } x \in (-1, 1)$$

Hence

$$-\left(1 - \frac{2t}{n}\right) \log_2 \left(1 - \frac{2t}{n}\right) - \left(1 + \frac{2t}{n}\right) \log_2 \left(1 + \frac{2t}{n}\right) \leq -\frac{4t^2}{n^2 \log_2 e}$$

Substitute this inequality into (5)

$$\sum_0^{\frac{n-t}{2}} \binom{n}{k} \leq 2^{n\left(1 - \frac{1}{2} \frac{4t^2}{n^2} \log_2 e\right)} = 2^n e^{-\frac{2t^2}{n}}$$

QED

Литература:

А.В. Чашкин “Лекции по дискретной математике”

A First Course in Discrete Mathematics 2nd ed

Discrete Mathematics for Computing